

Guide me in soundmaking that is multisensory in nature

Take advantage of the fact that almost all soundmakers are multisensory in nature



Music for the Brain



- Encourage me to feel guitar strings as I brush them with my hands
- Guide me to feel the smooth, cool metal of the cow-bell I am holding as I hit it with the other hand
- Remind me of the rough, hard skin of the musical gourd that I am shaking
- Help me appreciate the changing weight of a rainstick as I tip it up with one hand and down with the other
- Assist me in feeling the texture of seashells in a the box as I stir them round to make a noise
- Give me time to enjoy the scrunchiness of a bag of dry leaves that I make rustling sounds with