Listening

Use your voice to make simple patterns in sound to catch my attention

Get close to me, and let me feel your lips or throat as you make sounds



Music for the Brain



- Start by making patterns that use the lips, like 'ma, ma, ma, ma, ma' ...
- ... or 'puh, puh, puh, puh'
- Try patterns that use the tongue, like 'dah, dah, dah, dah, dah'
- Try patterns of sibilant sounds: 'sss, sss, sss, sss, sss'
- Try other patterns in which the mouth stays still, like 'mmm, mmm, mmm, mmm'
- Make whistling patterns: 'peep, peep, peep, peep'