

Let me listen to patterns of sound that go higher and lower, or louder and quieter

Make the same pattern using different instruments than can play a tune



Music for the Brain



- Make short patterns of three notes next to each other that go up and down on a keyboard for me to listen to
- Do the same thing using a glockenspiel or xylophone
- Now do a similar up and down pattern using gesture-recognition technology on a tablet or using a beam
- If you can, do the same on the recorder or penny whistle
- If you can, make the same short patterns that go up and down on one of the strings of a ukulele or a guitar
- Now try a different kind of pattern on different instruments that can get louder and quieter: start playing a single note or chord quietly, then get louder, then gradually quieter again