Doing



Support me in making a regular beat on soundmakers or by using my voice

Make sure that I have different opportunities to make a regular beat



Music for the Brain



- Put my hand over yours while you tap a beat on a drum with your fingers ...
- ... then let me have a go on my own
- Help me to hold a stick to make a beat on instruments and other soundmakers
- Show me how to make other repeating patterns too, using a scraper and shakers, or using my voice
- Always remember that a beat comes from my head, not my hand ...
- ... so it's best to guide me with your hand under mine, meaning that I am always in control