

Level 1

Listening

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Try making all sorts of different sounds to see whether I respond

Be imaginative but systematic, and keep a note of what happens for future reference



Music for the Brain



- Think of all the sounds you can make with your voice: humming, whispering, clicking, whistling
- Remember to get close up to me, so the sounds are clear and focussed
- Make sure that the environment is as quiet as possible, to help me concentrate on your sounds
- Bring me into contact with everyday soundmakers: rustly paper, a tin containing a few dried peas, a jangly bunch of keys, a small string bag with pebbles in
- Use instruments in the same way, so that I am in contact with the drum as you tap it, or the tambourine as you scratch it, or the rainstick as you turn it over
- Make sounds in front of me or behind, from the left or right, stationary or moving